

2025

M.Sc. 1st Semester Examination
PSYCHOLOGICAL COUNSELLING

Paper : DPC-102

(Introduction to Counselling)

Full Marks : 50

Time : Two Hours

*The figures in the margin indicate full marks.
Candidates are required to give their answers
in their own words as far as practicable.*

Group - A

Answer any *four* questions : 5×4=20

1. Explain resistance and referral in counselling. How can a counsellor deal with these two? 3+2
2. Discuss how counselling psychology is indebted to other branches of psychology.
3. Elucidate the aims and principles of counselling.
4. Dwell on the challenges of counselling.
5. What is e-counselling? Give examples. Discuss its advantages and disadvantages. 1+1+3

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(2)

6. Write in brief about the skills needed to be an effective counsellor.

Group - B

Answer any *two* questions : $10 \times 2 = 20$

7. Define counselling and psychotherapy. Discuss the similarities and differences between them. $(2+2)+6$
8. Discuss in brief the factors contributing to the development of counselling psychology.
9. What is MSE? How can a counsellor use the knowledge obtained from MSE in counselling? $2+8$
10. Briefly discuss the R-U-C method in counselling.

Internal Assessment : 10 marks
