

**M. Sc. 3rd Semester Examination, 2023**

**CLINICAL NUTRITION & DIETETICS**

PAPER – CND-304

*Full Marks : 50*

*Time : 2 hours*

*The figures in the right hand margin indicate marks*

*Candidates are required to give their answers in their own words as far as practicable*

**GROUP – A**

Answer any **four** questions : 2 × 4

1. What is the importance of labeling of nutritional facts on the packet of commercial foods?
2. What is the clinical significance of glycemic index?

3. What do you mean by spectrum of disease?
4. What is surveillance of disease?
5. Define dyspepsia.
6. Define dysbiosis.

**GROUP – B**

Answer any **four** questions : 4 × 4

7. 'Processed meats belong to group 1 in IARC carcinogen classification' - What does this mean?
8. What are the recognizing criteria of junk food?
9. Discuss schematically the web of causation of 'myocardial infarction'.
10. Write the germ theory of disease. What is food fortification?
11. Discuss briefly life style intervention in acid reflux.

12. Which foods are to be restricted in flatulence?

GROUP – C

Answer any **two** questions :  $8 \times 2$

13. What are the direct health effects of junk foods?  
What is the reason for considering hamburgers  
as 'junk food'?  $5 + 3$
14. Write briefly about the primary prevention of  
disease. What is iceberg phenomenon? What  
do you mean by supplementary food?  $3+3+2$
15. Classify IBS and how is it managed with diet. 8
16. Discuss the statement with logistic explanation  
"Diabetes is lifestyle disorder". 8

[ Internal Assessment – 10 Marks ]

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