

## *List of Abbreviations*

ANOVA	Analysis of Variance
BF%	Body Fat Percentage
BMI	Body Mass Index
COPD	Combined Obstructive Pulmonary Diseases
CG	Centre of Gravity
CSI	Cardiovascular Stress Index
DBP	Diastolic Blood Pressures
EMG	Electromyography
FVC	Forced Vital capacity
FEV <sub>1</sub>	Forced Expiratory Volume in one second
HR	Heart Rate
ICMR	Indian Council of Medical Research
ILO	International Labour Organization
LBM	Lean Body Mass
LH	Left Hand
MSDs	Musculoskeletal Disorders
MVV-Index	Maximum Voluntary Ventilation-Index
OWAS	Ovako Working Postures Analysis System
PEF	Peak Expiratory Flow
QEC	Quick Exposure Checklist
REBA	Rapid Entire Body Assessment
RH	Right Hand
RULA	Rapid Upper Limb Assessment
SBP	Systolic Blood Pressures
SD	Standard Deviation
SES	Socio-economic Status
w.r.t.	with respect to
WHO	World Health Organization
WMSDs	Work-Related Musculoskeletal Disorders