

NEW
Part-III 3-Tier
2016

NUTRITION

(Honours)

PAPER—VIII

(PRACTICAL)

Full Marks : 100

Time : 5 Hours

The figures in the right-hand margin indicate full marks.

Unit—15

(Diet Therapy)

[Marks — 50]

1. Plan and prepare a diet chart for specified in the card.
(Picked up by lottery.) 10

(Marks distribution : Principle with energy & nutrient amount — 4, Sample menu with analysis of nutritive value — 4, Interpretation —2.)

(Turn Over)

2. Plan and prepare a diet chart as per specified in the card.
(Picked up by lottery.) 15

(Marks distribution : Principle with energy & nutrient amount — 4, Food Stuffs with amount — 3, Analysis of nutritive value — 4, Sample menu — 2, Interpretation — 2.)

3. Planning and preparation a therapeutic diet chart as per specification mentioned in the card. (Picked up by lottery.) 15

(Marks distribution : General conditions with name of the diet — 3, Energy & nutrients requirement — 3, Analysis of nutritive value — 3, Menu — 3, Interpretation — 3.)

4. Laboratory Note Books duly signed by the teachers on regular basis of practical works. 5
5. Viva-voce. 5

Unit—16

(Community Nutrition)

[Marks — 50]

6. Calculate the waist and hip ratio of a subject provide to you and interpret your result with cut-off values.

(2+3)+2

7. Plot a growth curve with interpretation from supplied data as per specification mentioned in the card. (*Picked up by lottery.*) 5+3
8. Estimation of haemoglobin percentage in supplied blood sample by colorimetric method. 15
(Marks distribution : *Principle — 2, Procedure — 3, Result — 2, Calculation — 2, Error upto 5% — 6, Error above 5% to below 10% — 4, Error > 10% — < 15% — 2, Error > 15% — 1.*)
9. Submit survey report using any two methods with analysis as mentioned in your syllabus. 5
(Marks distribution : *Report by own handwriting — 3, Viva on report — 2.*)
10. Submit field visit report on surveillance system used in health & nutrition programs. 5
(Marks distribution : *Report by own handwriting — 3, Viva on report — 2.*) 5
11. Submit your laboratory note books duly signed by the teachers on regular basis of Practical works. 5
12. Viva-Voce. 5
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