

2014

M.Sc. Part-I Examination

DIETETICS AND COMMUNITY NUTRITION MANAGEMENT

PAPER—II (Unit-3)

Full Marks : 50

Time : 2 Hours

The figures in the right-hand margin indicate full marks.

Candidates are required to give their answers in their own words as far as practicable.

Illustrate the answers wherever necessary.

Answer Question No. 1 and any four from the rest.

1. Answer any *five* of the following : 2×5
- (a) Write the names of any two components of Medical team.
 - (b) What do you mean by outreach services in the field of dietetics ?

(Turn Over)

- (c) How can the optimal diet be prepared by a dietician when the patient is allergic to common food?
- (d) Write the names of any two categories of dietician.
- (e) State any one importance of aesthetic of diet from the view point of nutrition upgradation.
- (f) Cite any two dietary information for nutritional status management.
- (g) What do you mean by dietary diagnosis?
- (h) What nutrition education should be given to a mother having under nourished child?
2. (a) State any five salient features of a good dietary counsellor.
- (b) Write in brief about the ethics of dietary counselling. 5+5
3. (a) Describe in brief the role of patient educator for controlling food consumption in connection with obesity management.
- (b) Write the steps adopted by the dietary counsellor for the assessment of patient needs about nutrients. 5+5
4. (a) Why aesthetic aspects of diet are so important?
- (b) Name some components of aesthetic aspect of food. 5+5

5. (a) State the role of dietician in the medical team for quick recovery from disease with one example.
- (b) State any two aids of patient counsellor and write their role in this concern. 5+(2+3)
6. (a) Write the role of dietician on outreach services for community health upgradation citing any two examples.
- (b) "Dietary diagnosis and nutrition status are very much correlating with each other" — Justify the statement. 5+5
7. (a) Write in brief about dietary counselling of a hypertensive patient in connection with therapeutic diet formulation.
- (b) State the role of patient educator for effective dietary management of an ulcer patient. 5+5
8. (a) State the differences between pre-test and post-test counselling in dietetics.
- (b) How dietary counsellor may establish a rapport on patient for effective counselling? 5+5

9. (a) "Availability of food is an important component of diet planning" — how a dietician will help a patient in choosing the right food ?
- (b) What is food budgeting ? How the dietician will help a person in preparing a low-cost diet ? 5+5