

M.Sc. Part-I Examination, 2013

**DIETETICS AND COMMUNITY NUTRITION
MANAGEMENT**

PAPER — II (Unit-3)

Full Marks : 50

Time : 2 hours

Answer Q. No. 1 and any four from the rest

The figures in the right-hand margin indicate marks

Candidates are required to give their answers in their own words as far as practicable

1. Answer any five of the following : 2 × 5

(a) Define dietician.

(b) Write the names of any two nutritional status of our body.

(c) Write the definition of counsellor.

(Turn Over)

- (d) Write the names of any four aesthetic attributes of diet.
- (e) What do you mean by academic dietician ?
- (f) Write any two features of a good patient.
- (g) What do you mean by health professionals ?
- (h) "Interior decoration of dinning room is important for nutrition" – State it in brief.
2. (a) Write the components of medical team.
- (b) Describe the role of dietician in medical team from the viewpoint of disease prevention and health improvement. $2 + (4 + 4)$
3. (a) What do you mean by aesthetic aspects of diet ?
- (b) Discuss the role of smell of food items on digestion from the aesthetic domain.
- (c) Write the bio-safety of colouring agent used in food items from aesthetic field. $3 + 5 + 2$

4. (a) What do you mean by dietary counselling ?
- (b) Describe the features of a good dietary counsellor.
- (c) State the ethics of dietary counsellor. $2 + 5 + 3$
5. (a) What do you mean by pre-test counselling ?
- (b) State the awareness cum knowledge provided to the patient during pre-test counselling.
- (c) What are the importances of post-test counselling. $2 + 5 + 3$
6. (a) "Patient-education is most important aspect in dietetics." Explain the statement.
- (b) Describe the points those should be covered in patient education for diabetic patient. $5 + 5$
7. (a) "Dietary diagnosis is one of the important points for the identification of the cause of disease" – Justify the statement citing an example.

- (b) Describe in brief the points covered in dietary diagnosis of disease in general. 5 + 5
8. (a) Discuss in brief about any two biochemical tests for detection of protein under nutrition.
- (b) Why bio-chemical tests are preferred for nutritional status assessment over anthropometric tests. $\left(2\frac{1}{2} + 2\frac{1}{2}\right) + 5$
9. (a) What do you mean by outreach services ?
- (b) Explain the role of dietician in outreach services for com. health upgradation. 3 + 7