

NEW**Part-III 3-Tier****2015****NUTRITION****(Honours)****PAPER—VIII****(PRACTICAL)**

Full Marks : 100

Time : 5 Hours

The figures in the right-hand margin indicate full marks.

Unit—15**(Diet Therapy)**

[Marks—50]

1. Plan and prepare a diet chart considering conditions noted in the card. (*Picked up by lottery.*) 10
2. Plan and prepare a diet chart on the basis of specification mentioned in the card. (*Picked up by lottery.*) 15
3. Plan and prepare a therapeutic diet chart as per specifications mentioned in the card. (*Picked up by lottery.*) 15

(Turn Over)

4. Laboratory Note Books (duly signed by the teachers on regular basis of practical works). 5
5. Viva-voce. 5

Unit—16

(Community Nutrition)

[Marks —50]

6. (a) Calculate mid upper arm circumference and BMI of your subject and interpret both the parameters with their cut-off values. (2+3)+2
- (b) Calculate body fat percentage of the subject by anthropometric method (*Data sheet to be picked up by lottery*) and interpret your result. 6+2
7. Estimate total protein in the supplied sample and interpret your result on the basis of standard value. 12+3
8. Submit survey report using any two methods with estimation as mentioned in your syllabus. 5
9. Submit field visit report on surveillance system used in nutrition and health programmes. 5
10. Laboratory Note Books. (*duly signed by the teachers on regular basis of practical works.*) 5
11. Viva Voce. 5